

About your visit to PSAS



**West Midlands Paediatric
Sexual Assault Service (PSAS)
Information for children.**

PSAS: 0800 953 4133
www.bhamcommunity.nhs.uk/PSAS
Twitter: @WM_PSAS

A separate leaflet is available for
young people and for professionals.

What is PSAS?

Doctors can be experts in different bits of the body. PSAS is a special service for children who need a doctor who knows about “privates” (“girl bits” or “boy bits”).

There are lots of reasons why you might come to see us.

Maybe your privates are sore, or you might have told us that someone has hurt you. Sometimes it’s because someone else is worried about you.

PSAS is the best place to get a check-up.

Remember it’s your body
and your choice!

You tell us when you are ready,
and you are in charge
of what we do.

What is going to happen today?

All children who visit PSAS are looked at by a doctor.

When you first arrive you can play or watch TV in our waiting room.

A support worker will check with the doctor to see if you can eat and drink.



The doctor will talk to the police officer, if you have come here with one. Then the doctor will talk to the grown-up who came with you. The doctor will also want to talk to you.

The police officer may stay in the room to help the doctor, from behind a screen.

A support worker will stay and play with you.

The doctor will need to look at your body to make sure you are ok. The grown-up who came with you will stay with you if you want them to. A support worker will also stay with you. The doctor may need to look at your privates with a special light.

After you have been checked over, you will wait a little while longer in the play room while the grown-ups talk.

If you couldn’t have a snack when you first came, now you can. A support worker will get this for you.

If you want to ask any questions a support worker will be there to help you.



We are here for you

PSAS is delivered by:

If you are worried or upset, it's OK to tell someone how you're feeling.

All staff at PSAS will do their best to make sure you feel looked after.



Helpful contacts

Child Line: Tel: 0800 111
www.childline.org.uk

Samaritans: Tel: 116 123
www.samaritans.org

Young Minds: Tel: 0808 802 5544
www.youngminds.org

Frank: Tel: 0300 123 6600
www.talktofrank.com

NSPCC: Tel: 0800 800 500
www.nspcc.org.uk



**Birmingham
Community Healthcare**
NHS Foundation Trust



**Coventry and
Warwickshire Partnership**
NHS Trust



The Royal Wolverhampton
NHS Trust



**University Hospitals
of North Midlands**
NHS Trust



**Worcestershire
Health and Care**
NHS Trust

