

## Patient Participation Group Meeting minutes – Budbrooke Medical Centre

14<sup>th</sup> February 2017

### **Attended:**

Dr Henry White – Budbrooke GP  
Sarah Davies – Budbrooke Practice Manager  
Kristine Hewlett- Minutes  
Janet Davis – Budbrooke PPG Vice-Chair  
Phil Dix  
Gavin Clezy  
Patricia Carpenter  
Terence Mander  
Chloe Davis

### **Apologies:**

Verity Al-Doftary  
Ernest Petrie  
Ken Hope – SWPPG Budbrooke representative & Budbrooke PPG Chairman  
Daisy Charlton

1. Welcome & Introductions: Jan Davis is chairing today's meeting in Ken's absence
2. AGM meeting and Chair report - AGM meeting was due today but it has been decided to postpone this until Kens return. Proposed date: 21<sup>st</sup> March 2017. PPG will need to nominate officers. Ken advised last year he would like to step down this year if possible as chair. Philip Dix expressed his interest in taking chairman's position or vice chairman. Janet Davis is very happy to stay as vice chairman
3. Guests: Research Leads – Rebecca Harrison and Claire Talbot – insight into Budbrooke increasing their Research input to patients

Rebecca and Claire are both based at Warwick university. They are both introducing research into the primary care sector.

Patients that undergo medical trials end up with an extensive knowledge of their condition and feel more in control of their condition. By 2018 there will be 3 million patients with long term medical conditions. All of the primary care studies are NHS and ethnically approved. Budbrookes first two studies are a fast gout study and a heat study.

The fast gout study will be using 2 medications to see which is better for gout treatment

The heat study is for long term aspirin users. It's looking at the bacteria in the stomach and those who have the bacteria will be eligible for the trial. Patients in the trial will be split in half. Half will take the medication and half will take the placebo. If the trial works patients who were on the placebo will be given the treatment after the trial.

If we are on the research programme do we get the results?

A lot of the studies will ask you if you would like the study results posted to you afterwards.

The studies are going to be more important over the coming years as we are moving more into the primary care sector.

The uptake on these first 2 studies have been great and we have taken more patients than we needed

Action: We will invite Claire and Becky back to ask the PPG what studies they would like to see in our practice.

Action: Invite Claire and Becky back once a year for an annual review on those years' studies.

4. Guests: Walking for Health 'Walk and Talk Group' – Caroline Edwards – Patients being involved

There are 4 leaders for the Hampton magna walking group they are Caroline, Ruth, Louisa and Michael. The walk and talk group is supported by both the national ramblers & Macmillan support. Registration for these walks is free and the walks vary from 10min through to 90 mins. Every walk requires 2 leaders, one to lead and one at the back. On your first walk you will need to fill in a quick registration form. The first walk that has been set up is a fig.8 walk on the paths around Hampton magna. Every walk will start and finish at the open door. The fig.8 walk passes back via the open door at the midway point to allow those who need to, to be able to stop. As there are only 4 leaders in this area there will only be 1 walk a fortnight but if more leaders are trained they hope to be able to get 2 walks a week. All walks are published in advance and we here at Budbrooke medical centre will publish these walks as well as other places around Hampton magna.

Regardless of the weather the leaders will always be at the open door for the time published, If no one turns up then the leaders will decide if they do the walk or not. If the weather has been particularly wet the walk may be changed to one that is on pathways around the village providing stable footing for everyone. Walking 30 mins a day will add between 3-5 years on to your life expectancy. The training to be a leader it requires you to attend a 1 ½ day course and then to shadow one walk and take one walk as a leader. The PPG have expressed interest in helping with the walk and talk group and hopefully some members will become leaders.

5. PPG emails
  - No emails received
6. PPG Survey – Currently closed and report completed – Will review in April 2017 for another patient survey
7. Surgery updates -
  - We are introducing some lean working methodology to the practice. Sarah Davies & Sally Bell have been working in partnership with several leadership courses to deliver this activity to the practice. It is already making a big difference.
  - New ideas – How would you feel if you were asked by reception for a brief explanation to why you were booking in with the GP? The PPG were happy to support the approach outlined in the bullet point
8. CQC Visit – Sarah Davies- Dates have not been provided
9. PPG Young Persons Engagement Plan – Sally Bell & Pauline Legg
  - Social Media – Started Twitter. Daily tweets going out. Still needs pushing

## Patient Participation Group Meeting minutes – Budbrooke Medical Centre

14<sup>th</sup> February 2017

- Engaging with companies to look at diabetes workshops
- Looking at separate clinic for young people. Still in the process. Hoping to action early 2017
- Pauline Legg & Sally Bell have met about the young person's engagement plans- Pauline and Sally are arranging a further meeting to discuss. Pauline has engaged with a young lady of 20 years old who is a law student. She is very interested in participating in the PPG. Action: Pauline Legg will make contact with the young lady and invite her to our next meeting.

10. PPG Feedback

11. Federation update

- Meeting this week Wed 15<sup>th</sup> to vote on the structure of the Federation. Vote for a community based company, so it is deemed non profitable.

12. 3PG Meeting – No update from Ken.

13. Developing Sustainability and Transformation Plans: Operational plan for 2017/2018 2018/2019 has been released. PD will do a brief summary for SAD and SAD will distribute.

Actions points from meeting:

- PL & SB to arrange another meeting and update at the next meeting
- PL to invite a young lady interested in joining PPG
- PD to do a brief summary of the operational plan and forward to SAD
- Invite Becky and Claire (researchers) back to ask PPG what medical trials they would be interested in having at our surgery
- Becky and Claire (researchers) to be invited back every year to update PPG on trails.

Next meeting: 21/3/2017