

Budbrooke Medical Centre

Young Persons Handbook

Services, information
and support we offer
here at Budbrooke.



Services available to you at Budbrooke

Confidential GP/ Nurse Services

Under the Data Protection Act 1998 and the Human Rights Act 1998, all of the information given in your consultation is held in confidence. We offer private consultation rooms where our doctors and nurses provide reassurance and build patient's confidence and trust. We always try and offer for you to see your preferred GP to provide a continuity of care.



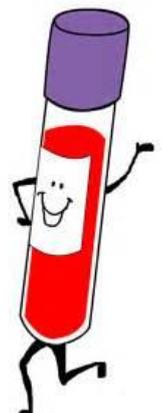
Contraception

We offer a range of contraception options here at Budbrooke. Our nurses can consult you regarding contraceptive pills and depo injections and will assist the doctors if you prefer the implant or coil as your method of contraception.



Blood clinics

You can book an appointment for a blood test with Nurse Joy Chand, Amy Lyons or Lisa Northall during their clinic times. We can do blood tests at the surgery for 13+ year old patients. We ask that you phone up for your own results to maintain confidentiality.



Services available to you at Budbrooke

Midwife appointments

Every Thursday a community midwife will visit the surgery to offer personalised appointments for expecting mothers. Your first appointment will be an hour long which allows the midwife to get to know you and your needs. You do not need to see a GP if you have had a positive test. They also offer a young persons programme– details are in our Young Peoples services handbook.



Long term conditions

We provide advice and perform assessments on our young patients with asthma and diabetes. If you have a long term condition, it is important you book in for your reviews when they are due. This is to ensure you are taking the right medication and are managing your condition appropriately.



Immunisations

Our nurses offer immunisations at the surgery. This includes travel vaccinations and the Meningitis ACWY which is for patients aged 18-25. The vaccination is to prevent teenagers and 'fresher' students going to university for the first time from meningitis and septicemia.



Services available to you at Budbrooke

Dermatology

If you are worried about a skin problem including acne you can come and see a GP here who will provide treatment for you or refer you to a specialist.



Weight monitoring

Our nurses offer a confidential weight and monitoring service at the surgery. This can help patients keep on top of their weight, if they are looking to lose weight. Nurses can also refer you to a community programme called Fitter Futures. Ask for more details.



Minor Surgery

Dr White performs minor surgery every month. This is any surgical procedure that does not involve anaesthesia or respiratory assistance during the procedure. This includes removal of skin tags, moles or injections. Please see Dr White for a consultation first before you book in for an appointment.



Physiotherapy

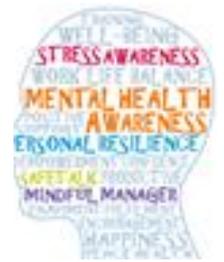
You can self-refer yourself to Physio at Warwick Hospital if you are having Back or Neck pain, Recent strain or sprain or joint or muscle pain. Simply pick up a form from reception and you can fill out the form and send it off without seeing a GP.



Services available to you at Budbrooke

Mental Health

We offer consultations here where you can speak to a GP about any worries or concerns you have in confidence. The GP can give you advice about local services and support we can offer in the local area.



Dispensary Service

At Budbrooke, we have an onsite dispensary service, where we dispense patients their acute medication after their appointment including contraception appointments with the nurse. In addition to this, patients can collect their repeat prescriptions from the dispensary and set up a nomination for a local chemist for collection if they prefer.



Making an appointment without a parent **You can do this!**

When a doctor is trying to decide whether a child is mature enough to make decisions, they often talk about if they are 'Gillick Competent'. These are guidelines which refer to a legal case to decide whether doctors should be able to give contraceptive advice or treatment to under 16 year olds without parental consent. It helps to balance children's rights and wishes with the doctors responsibility to keep children safe from harm.

Please click [here](#) to read more about this.

Maintaining Confidentiality

To maintain confidentiality, please ensure we have your telephone numbers on your records instead of your parents. We can then contact YOU about your care.

If you have an email address, please also update this to ensure we can contact you on email.

At Budbrooke we offer Online Patient Access where patients can book and cancel appointments, order prescriptions and view their medical record online. This should be for your use only, therefore, we do not make this available until patients are aged 18 and over.

Contact details



Are you keeping your contact details up to date?
Could we contact you in an emergency?



Social Media



Follow us on Twitter and Like us on Facebook to keep up to date with all our current information for patients!