



Budbrooke Medical Centre

OCTOBER 2021

Welcome to October!

We welcome feedback from patients at any time and if you would like to highlight anything to us please do contact Sarah Davies (sarah.davies@budbrookemc.nhs.uk) at any point. Sarah is the Practice Manager at Budbrooke and is keen to hear any feedback, suggestions or areas we could do better so we can look to improve our patient services. We are keen to develop through feedback and invite you to be a part of that process of continuous improvement. If you would like to be further involved in the surgery you can join the PPG (Patient Participation Group). The PPG meet monthly (currently by virtual means) to discuss our ways of working and to look to improve using your input. If you would like to be a part of the PPG please do not hesitate to contact Lucy Packer (lucy.packer@budbrookemc.nhs.uk) to find out more.

Timings for telephone consultations

We do not provide a fixed time for the doctor to call you but rather a morning or afternoon timing. This is because we cannot guarantee that the doctor will call at the specified time due to the overrunning of other calls, face-to-face appointments, emergencies and home visits. If you are unable to have a call during the 'afternoon' but would prefer a call after 3.30pm (for example you are a teacher and cannot take a call in work hours) please do let us know and we will make a note on the booking appointment details.

Development strategy at Budbrooke Medical Centre

Budbrooke is having a portakabin installed to hold some appointment in there. The portakabin will be located in front of the dispensary.

Other local GP's have adopted this solution to reduce pressures within the building.

The Open door have therefore lent us to two of their car parking spaces that will be re-marked to ensure we can move our disabled spaces – we cannot thank them enough. The portakabin can be used easily by clinicians to see patients, to reduce some of the winter pressures and to be able to have more staff working safely in peak times.

We are also working some evenings and staff have increased some of their hours to provide more availability during this extremely busy period.

We have also managed to secure air filters via public health and waiting for these to arrive. There are now several seats available in the waiting room, but using the windows and doors as ventilation, with all available openings open. This sometimes means the practice maybe cold, so please wrap up warm. The air filter machines will be with us shortly, however public health has advised air flow is extremely important in our fight against the spread of covid in areas such as practice waiting rooms. The other option is to book yourself in with reception and wait in your car until you are called in to see your clinician. Please agree this with reception.

We hope that patients understand why we have taken these preventive steps, including seeking assistance from public health to ensure we provide a safe and effective environment for our staff and patients.

STOPTOBER!

Do you smoke? Ever thought about quitting? What better month to stop than October! Our nurses are all fully qualified in stop smoking therapies and there are several choices. Please call the surgery and book either a face to face consultation or a telephone consultation with one of the nurses





Social media

We often put our latest news or interesting information on our social channels. Please do like or follow our Twitter (@BudbrookeMC1) or Facebook page (facebook.com/budbrookemc) to keep up-to-date with all the latest happenings at Budbrooke Medical Centre

Christmas and New Year opening

Please be aware of our opening days over Christmas and make sure that you have enough medication to get you through the days we are closed.

Christmas Eve Friday 24th Dec- Open

Monday 27th Dec – Closed

Tuesday 28th Dec – Closed

Wednesday 29th Dec – Open

Thursday 30th Dec – Open

Friday 31st Dec – Open

Monday 3rd Jan – Closed

Tuesday 4th Jan – Business as usual

Please email

Dispensary@budbrookemc.nhs.uk or use the online ordering facility to put in your requests



Flu Vaccines

Flu vaccines are now available for all people eligible including children

Please phone the surgery to book in for your vaccine

Stock of Under 65 flu vaccines

If you are between 18 and 65 and eligible for the flu we are now running very low on stock of these vaccines so if you are intending to have your flu jab please phone and book in ASAP. We do have another delivery booked however we will have limited stock.

We have 2&3 year nasals and over 65's in stock and would appreciate you booking in online or via reception as staff capacity is too low to make our usual phone calls

Research at Budbrooke Medical Centre – throat and nose swabbing

We complete clinical research at Budbrooke. We are asking patients to complete a throat and nose swab (same as the Covid Swabs) if they, including children, have cold like symptoms. The research swabs will return a number of results as not only do they look for Covid infection but other viruses such as RSV (respiratory syncytial virus) which can disproportionately affect the Under 5's leading to complaints such as bronchiolitis, seasonal flu and other viruses circulating. The report specifies if you have contracted one of the viruses tested for or not.

We ask you to complete these swabs even if you have already completed a Covid test (and it is positive) as it will allow for genotyping of the Covid infection you have telling scientists a lot about variations of the virus and to see if you have a concomitant infection with another virus such as flu. Please do complete swabs even if you have had the vaccines available.

If you are currently suffering with Covid we will send a text asking if you would like a test sent to you. If you respond yes to the text we will send one to your house for you to complete and for you to return in the post. This will not affect your isolation period as it starts from when your symptoms started or when your test returned a positive in the event of no symptoms as advised by track and trace.

If you have a child with a cold and cough please do ask for a kit as RSV is a highly contagious virus that circulates when it is colder. By understanding the current levels circulating you will be helping researchers understand current and future health requirements. If your child is positive for RSV you will be asked if you consent to be contacted to answer a questionnaire at days 7 and 14 by surgery staff. If you do not want to be contacted that is absolutely fine and will not affect your child's care, it is for research purposes only.