

AQ-10 for young people aged 12-15 | Autism Research Centre

The AQ-10 helps indicate whether someone should be referred for an autism assessment. This version is for parents or carers to complete about young person aged 12 - 15 with suspected autism who does not have a learning disability.

	Please tick one option per question only	Definitely agree	Slightly agree	Slightly disagree	Definitely disagree
1	S/he notices patterns in things all the time	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	S/he usually concentrates more on the whole picture, rather than the small details	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	In a social group, s/he can easily keep track of several different people's conversations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	If there is an interruption, s/he can switch back to what s/he was doing very quickly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	S/he frequently finds that s/he doesn't know how to keep a conversation going	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	S/he is good at social chit-chat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	When s/he was younger, s/he used to enjoy playing games involving pretending with other children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	S/he finds it difficult to imagine what it would be like to be someone else	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	S/he finds social situations easy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	S/he finds it hard to make new friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Scoring guidance

Only one point can be scored for each question.

- Score one point for "definitely" or "slightly agree" on questions 1, 5, 8 and 10
- Score one point for "definitely" or "slightly disagree" on questions 2, 3, 4, 6, 7 and 9

If the young person scores six or above, consider referring them for an autism assessment.

Please note that a diagnosis cannot be determined solely by a single score from this questionnaire. A formal diagnosis can only be made after a clinical assessment conducted by a trained professional.

This test was created by the Autism Research Centre- University of Cambridge

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