

# Budbrooke Medical Centre



## SEPTEMBER 2024 VACCINE NEWSLETTER

### COVID Vaccinations: jointly given with flu vaccination nationally from the 3<sup>rd</sup> of October:

COVID-19 vaccination is an important part of protecting yourself if you're at increased risk of severe illness from COVID-19. If you have a health condition or treatment that severely weakens your immune system, you may need additional protection before the autumn. This includes anyone aged 6 months and over.

Who is eligible at the practice this year?

- Pregnant women – can receive from sept
- Those aged 65 and over
- Those aged 18 – 65 years in clinical risk groups
- Carers
- Close contact of immunocompromised individuals

These are being done within a joint clinic with flu vaccines therefore you won't need to book separate appointments if you are eligible for both. These clinics are held at Budbrooke Medical Centre.

### Flu Nasal Vaccines: From the 19<sup>th</sup> Sept – Live Vaccine:

Flu nasals are a live vaccine and are given those who are 2 years to under 18 years in eligible year groups or in a clinical risk group.

Those who are school ages will be offered the vaccine in school. If your child is high risk, they are able to have it earlier at the surgery. Those who are not of school age will be contacted to book an appointment at the surgery.

For further information please feel free to ring reception on 01926 403 800 to see if you or your child is eligible at the surgery.

### How do I book in?

Those who are eligible will be contacted by the practice via text message or telephone or book online. If you feel you are eligible and have not been contacted, please call reception on 01926 403 800 or send an email to

[budbrookemedicalcentre@nhs.net](mailto:budbrookemedicalcentre@nhs.net)

Check the back of the newsletter for clinic dates to book into ☺

### RSV Vaccinations: starts 1<sup>st</sup> Sept before flu & covid

Respiratory Syncytial Virus (RSV) is a common respiratory virus that usually causes mild, cold-like symptoms during the winter months. Babies under one year of age and older adults are at the greatest risk of hospitalisation with more severe respiratory disease.

Who is eligible at the practice?

- From 1 September 2024 individuals aged between 75-79 should be offered a single dose of the RSV vaccine following their 75th birthday. Individuals will remain eligible for the vaccine until the day before their 80th birthday and will not be eligible thereafter.
- Pregnant women will remain eligible for the RSV vaccine up to birth. The RSV vaccine should be offered to eligible women all year round from 28 weeks.

If you would like to enquire to see if you are eligible for an RSV vaccine please contact reception.

### Flu Vaccinations: Nationally from 3<sup>rd</sup> Oct, except pregnant ladies & those on chemotherapy:

Influenza is a highly infectious, acute viral respiratory tract infection which has a usual incubation period of 1 to 3 days. Patients can experience sudden onset of symptoms such as dry cough, headache, fever and extreme fatigue. For otherwise healthy individuals, it is an unpleasant but usually self-limiting disease with recovery occurring within 2 to 7 days.

Who is eligible at the practice?

- Pregnant women – from 5<sup>th</sup> Sept
- All children aged 2 or 3 years – from the 19<sup>th</sup> Sept
- Those undergoing chemo – from 5<sup>th</sup> Sept if fits with cycle
- Those aged 65 and over
- Those aged 18 – 65 years in clinical risk groups
- Carers
- Close contact of immunocompromised individuals

Appointments start at the practice within October and you will be contacted to book if eligible.

All clinics are held at Budbrooke Medical Centre only.



## Clinic Dates for COVID & Flu:

All clinics will be held at Budbrooke Medical Centre only. If you are eligible you will be contacted to book an appointment via text message with a booking link or telephone. If you feel you are eligible but have not been contacted by us please give us a call on 01926 403 800 or email us on [budbrookemedicalcentre@nhs.net](mailto:budbrookemedicalcentre@nhs.net)

### Intramuscular COVID & Flu vaccine clinics:

03/10/2024 – Over 65 years old

04/10/2024 – Under 65 years old

07/10/2024 – Over 65 years old

08/10/2024 – Over and Under 65 years

11/10/2024 – Over 65 years old

12/10/2024 - Over and Under 65 years

15/10/2024 - Over and Under 65 years

16/10/2024 - Over and Under 65 years

22/10/2024 – Over 65 years old

29/10/2024 – Over 65 years old



### Nasal Influenza clinics (2-3 year olds)

16<sup>th</sup> of September

17<sup>th</sup> of September

20<sup>th</sup> of September

23<sup>rd</sup> of September

27<sup>th</sup> of September

If your child cannot have a live vaccine, please contact the surgery to get a non-live vaccine ordered for your child.

### Flu team this year:

- Ruth Mullineux - Lead
- Sally Bell – Lead
- Dr Rehman
- Dr Shah
- Furhan Ansari
- Amy Lyons
- Lisa Northall
- Molly Northall
- Sarah Davies
- Georgia Faries
- Claire Robbins
- Ruby Donaldson